

**The Research Unit of
The Department of Physical and Occupational Therapy
Copenhagen University Hospital, Bispebjerg and Frederiksberg**

2025 Annual Research Report



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Research Group Members

Peter Magnusson, Professor, PT, Dr.med. (PM)
Morten Tange Kristensen, Clinical Professor, PT, PhD (MTK)
Christian Couppé, Senior Researcher, PT, MSc, PhD, Dr.med (CC)
Christian Have Dall, Senior Researcher, PT, MSc, PhD (CHD)
Durita Viderø Gunnarsson, PhD student, PT, MSc (DG)
Anja Løve Berger, PhD student, PT, MSc (ALB)

Part time

Theresa Bieler, Researcher, Research and Evidence Implementation Therapist (REIT), PT, MSc, PhD (TB)
Birgitte Hougs Kjær, Researcher, PT, MSc, PhD (BHK)
Anne-Sofie Agergaard, Postdoc, PT, MSc, PhD (AA)
Rikke Høffner, Postdoc, PT, MSc, PhD (RH)
Rudi Hansen, Postdoc, PT, MSc, PhD (RuH), until 30.04.2025
Mikkel Holm Hjortshøj, PT, MSc, PhD (MH), until 30.05.2025
Brian Sørensen, PT, MSc, PhD (BS), until 24.06.2025
Adrian Herland Vaaben, REIT, PT, MSc (AHV)
Tim Randbøll Petersen, REIT, PT, MSc (TRP)
Ida-Marie Lykke Larsen, REIT, PT, MSc (ILL) from 01.01.2025
Camilla Kampp Zilmer, Research Assistant, PT, MSc (CZ)

Affiliated

Sofie-Louise Larsen, OT, MSc (SL)
Christian Hedelund Arens, PT, MSc (CA)
Camilla Stegger Petersen, PT, Student of Master of health promotion (CSP)
Nadia Ørbæk, Clinical Educator, PT, MSc (NØ)
Niklas Grundt Hansen, PhD student, PT, MSc, Hørsholm Municipality (NGH)
Signe Hulsbæk, Postdoc, PT, MSc, PhD, REHPA (SH)
Patrick Sunde, Nurse, MSc (PS)
Line Willemoes Poulsby, Radiographer, MSc (LP)
Maren Nielsen Hole, PT, MSc (MNH)
Anna Karnøe Knudsen, PhD student, MD
Frederik Kronvold Larsen, PT, MSc

Clinicians from the Department of Physio- and Occupational Therapy

Marie West Pedersen, PT, MSc-student	Mathilde Lundgaard-Nielsen, PT, MSc
Anne-Sofie Rendbæk Muusmann, PT	Robert Herzog, PT
Julie Boeberg Jensen, OT, MSc	Camilla Cullum, PT, MSc
Sebastian Åxman, PT	Eva-Ann Danielsson, PT
Maria Overgaard Olsen, OT	Charlotte Søgaard Nielsen, head therapist, PT

Highlights from 2025

- **Hosted the annual 'Symposium for Research in Physio and Occupational Therapy in the Capital Region'** (Symposium Forskning & udvikling fysio- og ergoterapi i Region Hovedstaden)
- **39 Peer-Reviewed Journal Publications**
- **71 Abstracts Presented** at National and International Meetings
- **42 Invited Speaker Engagements** at Hospitals, Congresses, Virtual Events, and Podcasts
- **Fantastic Doctoral defense:** Congratulations to Christian Couppé!
- **Successful PhD Defense:** Congratulations to Brian Sørensen!
- **Awards Won:** Birgitte Hougs Kjær won the *Science Award* at the European Shoulder and Elbow Congress in Rotterdam, Netherlands
- **Organization of 10 Symposiums, Theme days or Workshops**
- **Supervision of 4 Bachelor's, 2 Master's and 4 PhD Thesis**
- **Ongoing supervision of 12 PhD students**

Peer Reviewed Journal Publications

Aaroe M, Tischer SG, Christensen R, Sajadieh A, **Dall CH**, Thune JJ. Long-term left atrial adaptations to reduced training load in former elite athletes: a long-term follow-up longitudinal observational study. 2025. BMJ Open Sport & Exercise Medicine, Vol. 11 Issue 2.

Axman S, Stausholm MB, Ferrauti A, **Magnusson SP**, **Coupe C**. Physical Performance Tests in 8008 Competitive Youth Tennis Players - A Systematic Review and Meta-Analysis of Normative Values. European Journal of Sport Science 2025; 25(9):e70023.

Bangsbo J, Hostrup M, Hellsten Y, Hansen MA, Kjær M, Burr JF, Engebretsen L, Egan B, Hackney AC, Chambers TL, Jones AM, Pitsiladis Y, **Magnusson P**; Petersen J, Deshmukh AS, JOL Calbet, Sale KS, Joyner M, Andersen JL, Christensen PM, Dünweber MR, Rømer T, Wickham KA, Jessen SK, Kissow J, Jeppesen JS, Moesgaard L. Consensus Statements – Optimising Performance of the Elite Athlete. Scandinavian Journal of Medicine and Science in Sports 2025; 35(8):e70112.

Bojsen-Møller J, Seynnes OR, **Magnusson SP**, Hernæs H, Refsdal AS, Sironga J, Maro VP, Ramaiya, K, Christensen DL, Aagaard P. Jumping performance, anthropometrics, and muscle-tendon characteristics of Maasai men of East Africa. Scientific Reports, 2025; 15:19019.

Borms D, Van Bladel A, Steyaert A, **Kjær BH**, Maenhout A. Measurement properties of shear wave elastography for evaluating rotator cuff muscle stiffness: a systematic review. Journal of Shoulder and Elbow Surgery. 2025 Jul;34(7):e601-e609

Damgaard A, Højfeldt G, Thorsgaard O, Bulut Y, Linden FL, Schjerling P, Mackey AL, Kistorp C, **Magnusson SP**, Kjær M, Svensson RB. Effect of Current and Former Androgenic Anabolic Steroid-misuse on the Human Patellar Tendon. American Journal of Sports Medicine, 2025; 53(8):1978-1987.

Demangeot Y, O'Neill S, Degache F, Rapin A, Asgher U, Alfredson H, Chester R, Chimenti RL, de Vos RJ, Escriche-Escuder A, Färnqvist K, Habets B, Maffulli N, **Magnusson SP**, Malliaras P, Murphy MC, Purdam C, Rees JD, Rio EK, Sancho I, Scott A, Silbernagel KG, Gremeaux-Bader V, Boyer FC, Taia R. Exercise parameters to consider for Achilles tendinopathy: A modified Delphi study with international experts. British Journal of Sports Medicine, 2025; 8;59(19):1337-1349.

Gandløse JS, Barfod KW, **Hoeffner R**, Hansen MS, Christensen M, Riel H. Impact of symptomatic deep vein thrombosis on self-reported function and treatment outcome following an acute Achilles tendon rupture: A register study. Foot and Ankle Surgery. 2025.

Hansen MS, **Kristensen MT**, **Zilmer CK**, **Berger AL**, Kirk JW, Marie Skibdal K, Kallemose T, Bandholm T, Pedersen MM. HIP-ME-UP Collaborative Group. Very low levels of physical activity among patients hospitalized following hip fracture surgery: a prospective cohort study. Disability and Rehabilitation. 2025 Jan 21:1-10.

Hansen MS, Wassar Kirk J, **Kristensen MT**, **Kampp Zilmer C**, Marie Skibdal K, Bandholm T, Pedersen MM. HIP-ME-UP Collaborative Group. Strategies used by patients when getting in and out of bed early after hip fracture surgery - The HIP-ME-UP cohort. Hospital Practice (1995). 2025 Feb;53(1):2491305.

Hansen P, Nygaard H, Ryg J, **Kristensen MT**, Suetta C. Applying both the 30-s and the 5-repetition sit-to-stand tests captures dissimilar groups and a broader spectrum of physical abilities in mobility-limited older individuals: results from the BIOFRAIL study. *European Geriatric Medicine*. 2025 Apr;16(2):703-707.

Hansen R, Haddock H, Svensson R, Lonsdale MN, Marner L, Rørdam L, Rasmussen IL, Brushøj C, **Magnusson SP**, Henriksen M, **Couppé C**. Patients with unilateral patellofemoral pain have altered bone turnover in the painful knee compared to the pain-free knee at rest and after acute knee loading. *Osteoarthritis and Cartilage Open*. 2025; 19;7(2):100583.

Hjelholt TJ, Andersen IT, **Kristensen MT**, Pedersen AB. Early mobilisation after hip fracture surgery reduces the risk of infection: an inverse probability of treatment weighted analysis. *Age and Ageing*. 2025 Jan 6;54(1):afaf007.

Hjortshøj, Juneja H, Svensson RB, **Herzog RB**, **Lundgaard-Nielsen M**, **Nielsen FK**, Wulff MW, Olsen AE, Nybing JD, Hansen P, Petersen J, Kjær M, Aagaard P, **Magnusson SP**, **Couppé C**. Effect of Low-Load Blood-Flow Restricted Training vs. Heavy Slow Resistance Training in Unilateral Patellar Tendinopathy: A Randomized Clinical Trial. *Scandinavian Journal of Medicine and Science in Sports*, 2025 Dec;35(12):e70186

Hoeffner R, Svensson RB, Gillani SZ, Linden FH, **Magnusson SP**. Morphological Changes One Year After Achilles Tendon Rupture Repair: A Comparison of Loading Strategies. *Translational Sports Medicine*. 2025; 28: 1778630.

Hulsbæk S, **Kristensen MT**, Madsen UR, Leeberg V, Pedersen P, Larsen DK, Sørensen AM, Ravn C, Gundtoft PH, Hansen RL. The Danish Amputation Database. *Danish Medical Journal*. 2025 Jul 22;72(8):A02250084.

Kjær M, Petersen J, Dünweber MR, Andersen JL, Engebretsen L, **Magnusson SP**. Dilemma in the Treatment of Sports Injuries in Athletes: Tendon Overuse, Muscle Strain, and Tendon Rupture. *Scandinavian Journal of Medicine and Science in Sports*, 2025; 35(2):e7002.

Kofod LM, Hansen EF, Brocki BC, **Kristensen MT**, Roberts NB, Westerdahl E. Optimised oxygenation improves functional capacity during daily activities in patients with COPD on long-term oxygen therapy: a randomised crossover trial. *Thorax*. 2025 Oct 15;80(11):803-809.

Kofod LM, Hansen EF, **Kristensen MT**, Brocki BC, Westerdahl E. Automated Oxygen Delivery in Home Setting for Patients with COPD on Long-Term Oxygen Therapy - A Randomized Crossover Feasibility Trial. *Int J Chron Obstruct Pulmon Dis*. 2025 Nov 14;20:3697-3712.

Kofod LM, Laursen LB, Westerdahl E, Hansen EF, Brocki BC, **Kristensen MT**, Bove DG. The Experience of Automated Home Oxygen Therapy for Patients With COPD - A Qualitative Study. *Journal of Chronic Obstructive Pulmonary Disease*. 2025 Dec;22(1):2477243.

Kristensen MT, Andersen IT, Viberg B, Pedersen AB. Time to mobilization in hours after surgery for hip fracture and 30-day mortality-a study on 36 229 patients from the Danish Hip Fracture Registry. *The journals of gerontology. Series A, Biological sciences and medical sciences*. 2025 Jul 24;80(8):glaf147.

Lobo BS, Amaral Alfonsi MD, Lima CA, Felipe SGB, **Kristensen MT**, Beaupre LA, Sherrington C, Bruder AM, Perracini MR. Preventing Falls in Older Adults After Upper Limb Fractures: A Scoping Review. *Physical Therapy*. 2025 Apr 2;105(4):pzaf020.

Malliaras P, Silbernagel KG, de Vos RJ, Bourke J, Sancho I, Hanlon SL, **Agergaard AS**, Bahr R, Bittencourt NFN, Bordalo M, Brorsson A, Brown VT, Cardoso T, Child S, Chimenti RL, Cowley E, D'Hooghe P, Derman W,

Finnoff JT, Fu SN, Halstead J, Hamilton B, Nilsson-Helander KM, Hölmich P, Houghton J, James AM, Kulig K, Lau A, Ling S, Maffulli N, Masci L, Mayes S, Mc Auliffe S, McCrum C, Morrissey D, Munteanu SE, Murphy MC, Newsham-West R, O'Neill S, Padhiar N, Papadopoulou T, Rees JD, Rio EK, Ruffino D, Scott A, Speirs S, Sun Y, Thorborg K, Trease L, Verhaar JN, Wezenbeek E, White S, Zellers JA, Zhang S, Korakakis V, Vicenzino B. Diagnostic domains, differential diagnosis and conditions requiring further medical attention that are considered important in the assessment for Achilles tendinopathy: a Delphi consensus study. *Br J Sports Med.* Jun 18;59(13):891-901. 2025.

Malmberg C, Andreasen KR, Bencke J, **Kjaer BH**, Holmich P, Barfod KW. Reliability of ultrasound measurement of glenohumeral instability. *Danish Medical Journal.* 2025;72(11).

Marsaa K, Molsted S, **Dall CH**, Hansen H, Nottelmann L, Meelby J, et al. Integration of rehabilitation and palliation for people with severe lung disease or heart failure - a scoping review. 2025. *European Clinical Respiratory Journal*, Vol. 12 Issue 1.

Mechlenburg I, Tønning LU, Ørholm R, Iversen C, Lindberg K, **Kristensen MT**. Changes in mobility after community-based prosthesis fitting and rehabilitation in people with major lower limb amputations: a cohort study. *Clinical Rehabilitation.* 2025 Jul;39(7):967-975.

Pedersen MW, Larsen FK, Suetta C, **Kristensen MT**. The impact of 12 weeks combined resistance and balance training on functional Sit-To-Stand muscle power in mobility limited older patients. *The Gaitpost.*, 2025 Jul;120:60-65; doi: 10.1016

Seidler M, Svensson RB, Meulengracht S, Christensen KØ, Brushøj K, Kracht M, **Hjortshøj MH**, **Magnusson SP**, Bahr R, Kjær M, **Couppé C**. One-year Follow-up of Clinical and Morphological outcomes in Elite-athletes with Early phase Lower Extremity Tendinopathy. *European Journal of Sports Science*, 2025; 25(5):e12303

Seymore KD, Smitheman HP, Smith AK, Pohlig RT, **Couppé C**, Silbernagel KG. Metabolic Risk Factors Relate to Worse Tendon Health in Individuals with Achilles Tendinopathy. *Journal of Orthopaedic Research.* 2025 Apr;43(4):728–738

Sozlu U, Ayas IH, **Kjær BH**, Basar S, Kanatlı U. Educational quality of YouTube videos on scapular dyskinesis: a cross-sectional analysis. *Clinics in Shoulder and Elbow.* 2025;28(3):306-316

Støve MP, Larsen LL, **Magnusson SP**, Thomsen JL, Riis A. Exploring the Feasibility, Acceptability and Preliminary Efficacy of a Home-Based Stretching Program for Adults with Fibromyalgia: A Prospective Pre-Post Feasibility Study. *Rheumatology International.* 2025; 11;45(9):191.

Støve MP, **Magnusson SP**, Thomsen JL, Riis A. Efficacy of a home-based stretching program on fibromyalgia symptoms: study protocol for a randomised controlled trial. 2025; *Trials*, 27;26(1):74.

Støve MP, Hansen LO, Elmbæk KK, **Magnusson SP**, Thomsen JL, Riis. The effect of stretching intensity on pain sensitivity: A randomised crossover study on healthy adults. *European Journal of Pain* 2025; 29(3):e4750.

Sørensen B, **Magnusson SP**, Svensson RB, **Hjortshøj MH**, Hansen SK, Suetta C, **Couppé C**, Johannsen FE, Aagaard P. Effects of Blood-Flow Restricted Resistance Exercise Versus Neuromuscular Exercise on Mechanical Muscle Function in Adults with Chronic Knee Osteoarthritis-A Secondary Analysis from a Randomized Controlled Trial. *Scandinavian Journal of Medicine & Science in Sports.* 2025 May;35(5):e70069.

Sørensen B, Aagaard P, **Couppé C**, Suetta C, Johannsen FE, **Magnusson SP**. Stair climb muscle power is associated with gait speed, sit-to-stand performance, patient-reported outcomes and objective measures of mechanical muscle function in individuals with knee osteoarthritis - secondary analysis from an RCT. *Musculoskeletal Science & Practice*. 2025 Jun;77:103332.

Sørensen B, **Magnusson SP**, Aagaard P, Svensson RB, **Hjortshøj MH**, Hansen SK, Suetta C, **Couppé C**, Johannsen FE. Effects of Blood-Flow Restricted Resistance Exercise Versus Neuromuscular Exercise on Self-Perceived Knee Pain, Function, Quality of Life, and Objective Measures of Functional Performance and Pain Sensitization in Adults With Knee Osteoarthritis-A Randomized Controlled Trial. *Scandinavian Journal of Medicine & Science in Sports*. 2025 Oct;35(10):e70154.

Sørensen LB, Holden S, Oei E, Olesen JL, **Magnusson SP**, Dean B, Lyng K, Rathleff MS: Development and evaluation of a new semi-quantitative and morphometric scoring system for magnetic resonance imaging in adolescents with Osgood Schlatter Disease (The OSIS Score). *European Journal of Radiology*, 2025; 19;184:111934.

Tudorache YM, Andersen IT, Hjelholt TJ, **Kristensen MT**, Sheehan KJ, Pedersen AB. Association between early mobilization after hip fracture surgery and risk of long-term opioid therapy. *European Geriatric Medicine*. 2025 Jun;16(3):921-931.

Winther L, Stahlhut M, Curtis DJ, **Dall CH**, Frandsen TL, Sørensen JL. Investigating Challenges in Implementing a Digital Play Intervention in a Complex Organization Across Pediatric Departments: Non-Randomized Controlled Feasibility Trial. 2025. *JMIR Rehabilitation and Assistive Technologies*, Vol. 12.

Other publications

Beaupre LA, Overgaard JA, Knakkegaard SG, **Kristensen MT**. Older people living with dementia benefit from physical rehabilitation after hip fracture, page 92-94. In *Alzheimer's Disease International*, Clare, L, Jeon, YH. 2025. *World Alzheimer Report 2025: Reimagining life with dementia – the power of rehabilitation*. London, England: Alzheimer's Disease International.

<https://www.alzint.org/resource/world-alzheimer-report-2025/>

Suetta C et al. (all members of the [CAG Fighting Frailty in Aging](#) steering committee, **MTK** included). Vi har brug for en National strategi for forskning i skrøbelige ældre patienter. *Dagens Medicin*, May 2025 (in Danish)

Suetta C, Helge JW mfl. (all members of the [CAG Fighting Frailty in Aging](#) steering committee, **MTK** included). 25 forskere og læger: Der er et påtrængende behov for en national strategi for forskning i ældres sundhed. *Altinget*, August 2025 (in Danish)

Esbensen BA, Kurita GP, Hegaard H, Larsen, K, Thorborg, K, Henriksen M, Jarden M, Aadahl M, **Kristensen MT**, Berg SK, **Magnusson SP**, Thomsen T, Bandholm TQ, Møller T. 14 professorer: Bevar den sundhedsfaglige kandidatuddannelse på fuld tid. 7 jul. 2025, I: *Uddannelsesmonitor*.

Doctoral Theses

Christian Couppé, PhD, dr.med. thesis: The effects of loading on human tendon - in Health and Disease. Graduate School of Health and Medical Sciences, University of Copenhagen. November, 2025 (Mentor: **PM**)

PhD Thesis

Aarøe M, MD: The Athletes Heart: A long-term follow-up study of cardiac remodeling and reverse remodeling in elite endurance athletes Left atrial size, function and myocardial work. Graduate School of Health and Medical Sciences, University of Copenhagen, and University Hospital Copenhagen, Bispebjerg-Frederiksberg, June 2025

(supervisors: Rasmusen H, **CHD**, JJ Thune)

Damgaard A, MD: Influence of Mechanical Loading, Hormonal Changes, and Tendinopathy on Human Patellar Tendon Adaptations - with focus on tendon protein synthesis. Graduate School of Health and Medical Sciences, University of Copenhagen, and University Hospital Copenhagen, Bispebjerg, June 2025

(supervisors: Michael Kjær, **PM**, Jakob Agergaard, Michael Krogsgaard)

Sørensen B, PT, MSc. Blood-Flow Restriction Exercise compared to Neuromuscular Exercise in Knee Osteoarthritis Rehabilitation. Graduate School, Faculty of Health Sciences, University of Southern Denmark, and University Hospital Copenhagen, Bispebjerg, June 2025

(supervisors: Per Aagaard, **PM**, **CC**, Charlotte Suetta, Finn Johannsen)

Kofod LM, PT, MR: It is all about oxygen. The Impact of Optimal Oxygenation in patients with COPD and Chronic respiratory failure. Department of Physiotherapy, Copenhagen University Hospital, Hvidovre and Örebro University, Sweden, Defended 5th September 2025

(supervisors: Westerdahl E, **MTK**, Brocki B, Hansen EF)

PhD Supervision Ongoing

Berger AL, PT, MSc. Objectively measured physical activity patterns and the impact of motivational technology for patients and healthcare staff on physical activity in older patients during hospitalization and 3 months after discharge. Graduate School of Health and Medical Sciences, University of Copenhagen, and University Hospital Copenhagen, Bispebjerg-Frederiksberg

(supervisors: **MTK**, **CHD**, Tom Møller)

Eriksen AS, MSc. The effect of fat infiltration and loss of muscle motor unit activation after a muscle strain of the medial gastrocnemius muscle

(supervisors: **PM**, Monika Bayer, Rene Svensson)

Gunnarsson DV, PT, MSc. Increasing physical activity among medical inpatients by digital nudging of patients and staff – A cluster randomised multicentre study - The IPAMINA trial. Graduate School of Health and Medical Sciences, University of Copenhagen, and University of Faroe Island (double degree), University Hospital Copenhagen, Bispebjerg-Frederiksberg, University Hospital Aalborg, Thorshavn Sygehus, Landssjúkrahúsið, Faroe Islands, Dronning Ingrid's Hospital, Nuuk, Greenland

(supervisors: **CHD**, Rathleff M, Petersen MS)

Hansen NG, PT, MSc. Optimizing municipality-based rehabilitation after hip fracture – The Hip-RISE Trial using a mixed methods approach. Graduate School of Health and Medical Sciences, University of Copenhagen, and University Hospital Copenhagen, Bispebjerg-Frederiksberg, Hørsholm municipality

(supervisors: **MTK**, Stig Mølsted, Søren Overgaard, Charlotte Suetta & Collaborators: **TB**, Julie Midtgaard, Robin Christensen)

Helge AW, MSc. The mitigating effects of exercise on neuromuscular integrity in aging
(supervisors: Abigail McKay, Michael Kjaer, **PM**)

Jones NT, MD, MSc: The effects of intravenous iron in elderly patients following hip fracture Surgery.
Department of Orthopedic Surgery and Traumatologi, Bispebjerg, Copenhagen University Hospital and
Department of Clinical Medicine, University of Copenhagen
(supervisors: Overgaard S, Aasbreen M, **MTK**, Christensen R)

Knudsen AK, MD, MSc: Assessment of Overall Functioning in Patients with Complex Health Issues,
Department of Social Medicine, BFH and Department of Public Health, University of Copenhagen
(supervisors: Frost P, Renneberg J, Wæhrens EE, **MTK**)

Lolck KK, MD, MSc: Preventing HAD in older patients: Optimized nutrition and exercise strategy.
Department of Geriatrics, Bispebjerg, Copenhagen University Hospital and Department of Clinical
Medicine, University of Copenhagen
(supervisors: Suetta C, **MTK**, Beck AM, Rasmussen HH)

Merkel MFR. MSc. Tendon vasculature and blood flow: Physiological responses to exercise and
pathological characteristics in tendon overuse injury (tendinopathy)
(supervisors: Michael Kjaer, Rene Svensson, **PM**)

Olsen DB, nurse, MSc: Home-based prehabilitation before elective coronary artery bypass grafting surgery-
strategies to optimize and manage health status and daily. Graduate School of Health and Medical
Sciences, University of Copenhagen, and University Hospital Copenhagen, Rigshospitalet and partner
institutions
(supervisors: Berg SK, **CHD**, IE Højskov)

Overgaard JA, PT, MSc.: "Optimized rehabilitation of older adults with hip fracture and signs of cognitive
impairment – the ENHANCE project". Department of Rehabilitation, Lolland Municipality; Musculoskeletal
Function and Physiotherapy (FOF), University of Southern Denmark (SDU); The Research and
Implementation Unit PROgrez, Department of Physio - and Occupational Therapy, Næstved-Slagelse-
Ringsted Hospitals, Region Zealand, Denmark
(supervisors: Skou ST, **MTK**, Beaupre LA, Frederiksen KS)

Pallisgaard M, MSc. The efficacy of a home-based stretching intervention on pain sensitivity and quality of
life in patients with fibromyalgia. Alborg University
(supervisors: Allan Riis, **PM**, Janus Laust Thomsen)

Bachelor and Master's theses

Clausen E, Suder LO. Bachelor thesis (physiotherapy). Effekten af specifik skuldertræning på supraspinatus
senetykkelse hos patienter med kronisk rotatorcuff tendinopati. University College Copenhagen, June 2025
(supervisor: **BHK**)

Jørgensen MK, HP Jensen, SK Tasholm. Bachelor thesis (physiotherapy). Senevævsadaptationer. University
College Copenhagen, June 2025
(supervisor: **AA**)

Nielsen FK. Master thesis (Cand.Scient.San). The association between paraclinical and clinical examinations in patellar tendinopathy – a secondary analysis. University College Copenhagen, June 2025
(supervisors: **CC, MH, PM**)

Nielsen RM, Pedersen DMS. Bachelor thesis (physiotherapy). Effekten af cervikal ledmobilisering sammenlignet med standardbehandling hos patienter med whiplash (WAD I–II) - et litteraturstudie. University College Copenhagen, June 2025
(supervisor: **TRP**)

Pedersen AR, Baagøe JA, Kamp L. Bachelor thesis (physiotherapy). Late-stage rehabiliterings outcomes og sammenhængen mellem funktionelle tests og tilbagevenden til sport for patellar tendinopati. University College Copenhagen, June 2025
(supervisor: **AA**)

Poulsby LW, Sunde P. Master thesis (Cand.Scient.San.). 1-års recovery blandt voksne under 60 år med hoftefraktur: En deskriptiv analyse af fysiske performancetest og patientrapporteret outcome i en dansk/svensk kohorte. Faculty of Health and Medical Sciences, University of Copenhagen, June 2025
(supervisors: **CKZ, MTK**)

Other Supervision Activities

Supervision of bachelor in physiotherapy student Núi Nikulas Patursson Olsen, University College Copenhagen, during internship at Copenhagen University Hospital Bispebjerg Frederiksberg, August to October 2025 (**AA**)

Supervision of cand scient in physiotherapy student Rasmus Frederiksen, University of Southern Denmark, during internship at Copenhagen University Hospital Bispebjerg Frederiksberg, November and December 2025 (**AA**)

Supervision of bachelor in physiotherapy student Oskar Skov Grell, University College Absalon, during internship at Copenhagen University Hospital Bispebjerg Frederiksberg, August to October 2025 (**BHK**)

Scientific visit ERASMUS - Staff training mobility. Beyza Ölmez, PhD, PT, Faculty of Health Sciences, Gazi University, Ankara, Turkey, before, during and after visit at Copenhagen University Hospital Bispebjerg-Frederiksberg, January 2025 (**CKZ, MTK**)

Scientific visit - Staff training mobility. İlayda Kayapinar, PhD.stud., PT, Rümeli University, Istanbul, Turkey, before, during and after visit at Copenhagen University Hospital Bispebjerg-Frederiksberg, August 2025 (**CKZ, MTK**)

PhD visit - Staff training mobility. Lucy Silvester, PhD.stud., PT, Research Centre for Healthcare & Communities, Coventry University, Coventry, United Kingdom, before, during and after visit at Copenhagen University Hospital Bispebjerg-Frederiksberg, December 2025 (**CKZ, MTK**)

Supervisor of Jonas Samsø Larsen, stud. Cand. Scient. San. at the University of Southern Denmark, who completed a project-oriented course from week 8 to week 22, 2025 (approximately 7.5 hours weekly, 5 ECTS credits) at Copenhagen University Hospital Bispebjerg Frederiksberg (**RH**)

Axelsen NL, Tjalk-Bøggild H. Digital sundhed målrettet ældre patienter og inaktivitet: En kvalitativ undersøgelse af patienters erfaringer og oplevelser med en ny digital løsning. Written project, Cand Scient San education, Faculty of Health and Medical Sciences, University of Copenhagen, 2025 (**ALB, CHD**)

Presentations & Posters (only abstracts presented by own research group)

Agergaard AS, Svensson RB, **Hoeffner R**, Gillani SZ, **Magnusson SP**. Extended restitution time does not enhance the benefits of 12 weeks exercise-based treatment for patellar tendinopathy: A Randomized Controlled Clinical Trial (The TEREX trial). Lassendagen, Copenhagen University Hospital Bispebjerg, Denmark, December 2025 (oral presentation)

Arens CH, **Larsen IL**, Ringsted CH, **Zilmer CK**, **Dall CH**, Christensen H, **Kristensen MT**. Systematic assessment of basic mobility in patients with acute stroke and 90-Day Mortality; A 1-year cohort study of 634 patients. World Stroke Congress, Barcelona, Spain, October 2025 (short oral presentation)

Arens CH, Bigum H, Lauesen JD, Christensen M, Lykke JL, Larsen K. Strengthening the Interprofessional and Interorganisational Collaboration in Stroke Rehabilitation Through Application of FIM, World Stroke Congress, Barcelona, Spain, October 2025 (e-poster)

Arens CH, **Larsen IL**, **Nielsen CS**, Ringsted CH, **Zilmer CK**, **Dall CH**, Christensen H, **Kristensen MT**. Systematic assessment of basic mobility in patients with acute stroke and 90-Day Mortality; A 1-year cohort study of 634 patients. Symposium Forskning & udvikling fysio- og ergoterapi i Region Hovedstaden, Copenhagen University Hospital Bispebjerg, Denmark, October 2025 (oral presentation)

Berger AL. Presentation of the PhD project: Objectively measured physical activity patterns and the impact of motivational technology for patients and healthcare staff on physical activity in older patients during hospitalization and 3 months after discharge. CAG aging Conference, Copenhagen, Denmark, June 2025 (oral presentation)

Berger AL. Presentation of the PhD project: Objectively measured physical activity patterns and the impact of motivational technology for patients and healthcare staff on physical activity in older patients during hospitalization and 3 months after discharge. Basic and Clinical Research in Musculo-skeletal Sciences Annual Symposium (MUSKOS), Snekkersten, Denmark, November 2025 (oral presentation)

Berger AL, **Zilmer CK**, **Pedersen MW**, Overgaard S, Jensen TG, Palm H, Castillo LS, Suetta C, Aasbrenn M, **Kristensen MT**. Recovery of pre-fracture mobility at hospital discharge and about 3 months after surgery for hip fracture is limited. A prospective cohort study of 46 patients from a single municipality. Dansk Ortopædisk Selskab (DOS) Congress, Copenhagen, November 2025 (oral presentation)

Bieler T, **Zilmer CK**, **Bährentz IB**, **Zoffmann SØ**, Overgaard S, **Kristensen MT**, Emborg T. Patient perspectives on intensified acute in-hospital physiotherapy after hip fracture surgery. A qualitative study. Danske Fysioterapeuters Fagkongres, Odense, Denmark, March 2025 (oral presentation)

Bieler T, **Zilmer CK**, **Bährentz IB**, **Zoffmann SØ**, Overgaard S, **Kristensen MT**, Emborg T. "I feel improvement every time" a qualitative study exploring the feasibility of intensified in-hospital physiotherapy after hip fracture surgery from a patient perspective. Danish Fragility Fracture Network (FFN) Congress, Aarhus Denmark, May 2025 (oral, presentation competition)

Bieler T, Vaaben AH, Bährentz IB, Zoffmann SØ, Zilmer CK, Kristensen MT. How does the Fatigue Verbal Rating Scale work for assessment of fatigue in patients after hip fracture surgery? A qualitative study. 13th FFN Global Congress, Porto, Portugal, October 2025 (oral presentation)

Bieler T, Dall CH, Siersma V, Magnusson SP, Kristensen MT, Rinaldo M, Schmiegelow MT, Overgaard S, Kjær BH, Palm H, Midtgaard J. Effectiveness of a physical activity behavior change intervention initiated three months after total hip arthroplasty. A pragmatic, randomized, controlled, trial (RCT). Symposium Forskning & udvikling fysio- og ergoterapi i Region Hovedstaden, Copenhagen University Hospital Bispebjerg, Denmark, October 2025 (oral presentation)

Bieler T, Zilmer CK, Bährentz IB, Zoffmann SØ, Overgaard S, Kristensen MT, Emborg T. Patient Perspectives on Intensified Acute In-Hospital Physiotherapy after Hip Fracture Surgery - A Qualitative Study. DOS Congress, Copenhagen, Denmark, November 2025 (oral presentation)

Bieler T, Dall CH, Siersma V, Magnusson SP, Kristensen MT, Rinaldo M, Schmiegelow MT, Overgaard S, Kjær BH, Palm H, Midtgaard J. Effectiveness of a physical activity behavior change intervention initiated 3 months after total hip arthroplasty. A pragmatic, randomized, controlled, trial. DOS Congress, Copenhagen, Denmark, November 2025 (oral presentation)

Bieler T, Dall CH, Siersma V, Magnusson SP, Kristensen MT, Rinaldo M, Schmiegelow MT, Overgaard S, Kjær BH, Palm H, Midtgaard J. Effectiveness of a physical activity behavior change intervention initiated three months after total hip arthroplasty. A pragmatic, randomized, controlled, trial (RCT). Lassemdagen, Copenhagen University Hospital Bispebjerg, Denmark, December 2025 (short oral presentation)

Dall CH, Zilmer CK, Gunnarsson DV, Bieler T, Arens CH, Mottlau RG, Nygaard H, Aadahl M, Suetta C, Kristensen MT. Assessment of physical function and 1-year Mortality in 5062 patients across wards and diagnosis - A cohort study. Symposium Forskning & udvikling fysio- og ergoterapi i Region Hovedstaden, Copenhagen University Hospital Bispebjerg, Denmark, October 2025 (oral presentation)

Gunnarsson DV, Petersen MS, Rathleff MS, Dall CH. Kan teknologi medvirke til at øge indlagte patienters fysiske aktivitetsniveau? Faroese Research Council, Researcher's Night, Sjóvinnuhúsið, Tórshavn, Faroe Islands, September 2025 (oral presentation)

Gunnarsson DV, Sørensen S, Andersen LS, Petersen MS, Rathleff MS, Dall CH. Øgning af fysisk aktivitet via digital nudging af indlagte patienter og sundhedspersonale. Nunamed Conference, Nuuk, Greenland, October 2025 (oral presentation)

Gunnarsson DV, Rathleff MS, Petersen MS, Andersen LS, Sørensen S, Dall CH. Increasing physical activity among medical inpatients by digital nudging of patients and staff – The IPAMINA study. Symposium Forskning & udvikling fysio- og ergoterapi i Region Hovedstaden, Copenhagen University Hospital Bispebjerg, Denmark, October 2025 (poster presentation)

Hansen NG, Kristensen MT. Feasibility of an outpatient high density sit-to-stand functional resistance exercise program in patients with hip fracture – phase 1 of a non-randomized pilot trial. Danske Fysioterapeuters Fagkongres, Odense, March 2025 (oral presentation)

Hansen NG, Molsted S, Overgaard S, Suetta C, Kristensen MT. Feasibility of an outpatient high density sit-to-stand functional resistance exercise program in patients with hip fracture – a prospective pilot trial of 20 patients. Danish FFN Congress, Aarhus, Denmark, May 2025 (poster presentation)

Hansen NG, Molsted S, Overgaard S, Suetta C, **Kristensen MT**. Feasibility of an outpatient high density sit-to-stand functional resistance exercise program in patients with hip fracture – a prospective pilot trial of 20 patients. CAG aging Conference, Copenhagen, Denmark, June 2025 (oral presentation)

Hansen NG, Molsted S, Overgaard S, Suetta C, Christensen R, **Kristensen MT**. Feasibility of high-density sit-to-stand functional resistance training in patients with hip fracture: A prospective pilot trial. Symposium Forskning & udvikling fysio- og ergoterapi i Region Hovedstaden, Copenhagen University Hospital Bispebjerg, Denmark, October 2025 (oral presentation)

Hansen NG, Petersen JS. Comparing four interventions to improve sit-to-stand performance in elderly. A randomized cross-over trial. Symposium Forskning & udvikling fysio- og ergoterapi i Region Hovedstaden, Copenhagen University Hospital Bispebjerg, Denmark, October 2025 (oral presentation)

Hansen NG, Klysner KK, Staugaard MH, Hornsgaard D, Karlsen AB. Evaluation of implementation of physical performance tests across 2 hospitals and three municipalities. Symposium Forskning & udvikling fysio- og ergoterapi i Region Hovedstaden, Copenhagen University Hospital Bispebjerg, Denmark, October 2025 (oral presentation)

Hansen NG, Molsted S, Overgaard S, Suetta C, Christensen R, **Kristensen MT**. Feasibility of high-density sit-to-stand functional resistance training in patients with hip fracture: A prospective pilot trial. Basic and Clinical Research in Musculo-skeletal Sciences Annual Symposium (MUSKOS), Snekkersten, Denmark, November 2025 (oral presentation)

Hansen R, Haddock B, Svensson R, Lonsdale M, Marner L, Rørdam L, Rasmussen I, Brushøj C, **Magnusson SP**, Henriksen M, **Couppé C**. Patients with unilateral patellofemoral pain have altered bone turnover in the painful knees at rest and after acute knee loading. Scandinavian Sports Medicine Congress, Copenhagen, Denmark, January 2025 (poster)

Hjortshøj MH, Juneja H, Svensson RB, **Herzog RB**, **Lundgaard-Nielsen M**, **Nielsen FK**, Wulff MW, Olsen AE, Nybing JD, Hansen P, Petersen J, Kjaer M, Aagaard P, **Magnusson SP**, **Couppé C**. Low-Load Blood-Flow Restriction Training Yields Comparable Outcomes to Heavy-Slow Resistance Training in Males with Patellar Tendinopathy: A Randomized Clinical Trial. Scandinavian Sports Medicine Congress, Copenhagen, Denmark, January 2025 (short oral presentation)

Hjortshøj MH, **Zilmer CK**, Hansen HR, Petersen AR, Pedersen PV, Søndergaard SS, **Kristensen MT**. Performances of handgrip strength with persons seated in a chair or bed are comparable when conducted in an acute hospital. World Physiotherapy Congress, Tokyo, Japan, May 2025 (poster)

Hoeffner R, Svensson RB, Gillani SZ, Linden FH, **Magnusson SP**. Achilles tendon morphological changes following Achilles tendon rupture repair. Scandinavian Sports Medicine Congress, Copenhagen, Denmark, January 2025 (poster presentation)

Hole MN, Madsen RV, **Kristensen MT**, Pasic D, Løkkegaard A. Motor and cognitive exercise in Parkinson's disease. A feasibility randomized controlled trial. Symposium Forskning & udvikling fysio- og ergoterapi i Region Hovedstaden, Copenhagen University Hospital Bispebjerg, Denmark, October 2025 (poster presentation)

Hole MN, Madsen RV, **Kristensen MT**, Pasic D, Løkkegaard A. Motor and cognitive exercise in Parkinson's disease. A feasibility randomized controlled trial. Lassendagen, Copenhagen University Hospital Bispebjerg, Denmark, December 2025 (short oral presentation)

Hulsbæk S, **Kristensen MT**, Madsen UR, Leeberg V, Pedersen P, Larsen DK, Sørensen AM, Ravn C, Hansen RL. Outcomes in patients after major lower limb amputation: Early results and future perspectives of the Danish Amputation Database (DanAmp). DOS Congress, Copenhagen, Denmark, November 2025 (oral presentation)

Jensen JB, **Olsen MO**. Evaluering af VitalStim implementering på neurologisk sengeafsnit: En analyse af praksis og resultater. Symposium Forskning & udvikling fysio- og ergoterapi i Region Hovedstaden, Copenhagen University Hospital Bispebjerg, Denmark, October 2025 (oral presentation)

Kjær BH, Johannsen FE, Cools AM, Begtrup LM, **Cullum C**, **Bieler T**, Siersma VD, **Magnusson SP**. Pain during shoulder exercises for patients with rotator cuff tendinopathy. Lassendagen, Copenhagen University Hospital Bispebjerg, Denmark, December 2025 (oral presentation)

Kjær BH, Johannsen FE, Cools AM, Begtrup LM, **Cullum C**, **Bieler T**, Siersma VD, **Magnusson SP**. Pain during shoulder exercises for patients with rotator cuff tendinopathy. Basic and Clinical Research in Musculoskeletal Sciences Annual Symposium (MUSKOS), Snekersten, Denmark, November 2025 (oral presentation)

Kjær BH, Johannsen FE, Cools AM, Begtrup LM, **Cullum C**, **Bieler T**, Siersma VD, **Magnusson SP**. Pain during shoulder exercises for patients with rotator cuff tendinopathy. Symposium Forskning & udvikling fysio- og ergoterapi i Region Hovedstaden, Copenhagen University Hospital Bispebjerg, Denmark, October 2025 (oral presentation)

Kjær BH, Malmberg C, Andreasen KR, Bencke J, Holmich P, Barfod KW. Reliability of Standardized Ultrasound Measurements of Glenohumeral Instability in a Clinical Setting. DOS Congress, Copenhagen, Denmark, November 2025, (poster presentation)

Kjær BH, Johannsen FE, Cools AM, Begtrup LM, **Cullum C**, **Bieler T**, Siersma VD, **Magnusson SP**. Allowing pain during shoulder exercises for patients with chronic rotator cuff tendinopathy. European Shoulder and Elbow Congress, Rotterdam, Netherlands, September 2025, (oral presentation)

Knudsen AK, Wæhrens EE, **Kristensen MT**, Renneberg J, Frost P. How to Consider Clinical Relevance and Usefulness in Research. Årsmøde 2025 i Dansk Samfundsmedicinsk Selskab, Denmark, May 2025 (poster presentation)

Knudsen AK, Wæhrens EE, **Kristensen MT**, Renneberg J, Frost P. Assessment of Overall Functioning in Patients with Complex Health Issues. CAG aging Conference, Copenhagen, Denmark, June 2025 (short oral presentation)

Knudsen AK, Wæhrens EE, **Kristensen MT**, Renneberg J, Frost P. Barriers and Facilitators to the Use of Functioning Assessment Instruments in a Department of Social Medicine: A Qualitative Survey of Clinical Utility among Physicians. Lassendagen, Copenhagen University Hospital Bispebjerg, Denmark, December 2025 (oral presentation)

Kristensen MT, Zilmer CK, Gunnarsson DV, Bieler T, Arens CH, Gregersen M, Nygaard H, Aadahl M, Suetta C, **Dall CH.** Systematic assessment of physical function in 6930 adult patient courses in an acute care hospital – Important part of physiotherapists DNA. World Physiotherapy Congress, Tokyo, Japan, May 2025 (poster)

Kristensen MT, Zilmer CK, Gunnarsson DV, Bieler T, Arens CH, Gregersen R, Nygaard H, Aadahl M, **Dall CH,** Suetta C. Systematic Assessment of physical function In An Acute Care Hospital And 90-Day Mortality; A 1-year Cohort Study Of 5039 Adult Patients. 21st EUGMS Congress, Reykjavik, Iceland, September 2025 (poster + short oral presentation)

Kristensen MT, Zilmer CK, Berger AL, Overgaard S, Jensen TG, Palm H, Nørgaard SD, Matthey AB, Suetta C, Aasbrenn M. Recovery of pre-fracture mobility at hospital discharge and about 3 months after surgery for hip fracture is limited. A prospective cohort study of 46 patients from a single municipality. Danish FFN Congress, Aarhus, Denmark, May 2025 (oral presentation)

Kristensen MT, Andersen IT, Viberg B, Pedersen AB. To Mobilization In Hours After Surgery For Hip Fracture And 30-Day Mortality – A Cohort Study On 36,229 Patients from The Danish Hip Fracture Registry. 21st EUGMS Congress, Reykjavik, Iceland, September 2025 (oral presentation)

Kristensen MT, Hansen P, Nygaard H, **Zilmer CK,** Gregersen R, Suetta C, **Dall CH.** Probable Sarcopenia Identified from Handgrip Strength In 2178 Adult Patients: Disagreement Between EWGSOP2 And Danish Normative Population Cut-offs for Low Muscle Strength. 21st EUGMS Congress, Reykjavik, Iceland, September 2025 (poster + short oral presentation)

Kristensen MT, Zilmer CK, Anja Løve Berger, Overgaard S, Jensen TG, Palm H, Nørgaard SD, Matthey AB, Suetta C, Aasbrenn M. Recovery of pre-fracture mobility at hospital discharge and about 3 months after surgery for hip fracture is limited. A prospective cohort study of 46 patients from a single municipality. 13. Global FFN Congress, Porto, Portugal, September 2025 (digital poster)

Larsen IL, Arens CH, Ringsted CH, **Zilmer CK, Dall CH,** Christensen H, **Kristensen MT.** Systematic assessment of basic mobility in patients with acute stroke and 90-Day Mortality; A 1-year cohort study of 634 patients. Lassemdagen, Copenhagen University Hospital Bispebjerg, Denmark, December 2025 (oral presentation)

Larsen S, Kjær BH, Uhrenholt-Heindl J, **Kristensen MT.** Optimering af forløb for patienter med albueskader - Et 1-årigt prospektivt kohorte studie. Danish Fragility Fracture Network Congress. Aarhus, Denmark, May 2025 (poster presentation)

Mikkelsen RK, Konradsen L, **Hoeffner R,** Krogsgaard M, **AS Agergaard,** Svensson RB, Kjær M, **Magnusson SP.** Individual suturing the Soleus and Gastrocnemius Subtendons Reduces Soleus Subtendon Elongation 1 and 26 weeks after Achilles Tendon Rupture Repair. Basic and Clinical Research in Musculo-skeletal Sciences Annual Symposium (MUSKOS), Snekkersten, Denmark, November 2025 (short oral presentation)

Muusmann AR, Blume B, Gottlieb R, Brocki BC, Bech KH, Skou MK. Test og træning efter aortadissektion – et holdningspapir fra Dansk Selskab for Hjerter- og Lungefysioterapi. Danske Fysioterapeuters Fagkongres, Odense, Denmark, March 2025 (oral presentation)

Muusmann AR, Blume B, Gottlieb R, Brocki BC, Bech KH, Skou MK. Fra tanke til handling – et holdningspapir bliver skabt. Danske Fysioterapeuters Fagkongres, Odense, Denmark, March 2025 (poster)

Nielsen FK, Hjortshøj MH, Svensson RB, Schjerling P, Herzog R, Lundgaard-Nielsen M, Hansen P, Petersen J, Aagaard P, Kjær M, Magnusson SP, Couppé C. The association between paraclinical and clinical examinations in patellar tendinopathy following 12 weeks of strength training - a secondary analysis. Symposium Forskning & udvikling fysio- og ergoterapi i Region Hovedstaden, Copenhagen University Hospital Bispebjerg, Denmark, October 2025 (short oral presentation)

Nielsen FK, Hjortshøj MH, Svensson RB, Schjerling P, Herzog R, Lundgaard-Nielsen M, Hansen P, Petersen J, Aagaard P, Kjær M, Magnusson SP, Couppé C. The association between paraclinical and clinical examinations in patellar tendinopathy following 12 weeks of strength training - a secondary analysis. Symposium Forskning & udvikling fysio- og ergoterapi i Region Hovedstaden, Copenhagen University Hospital Bispebjerg, Denmark, October 2025 (short oral presentation)

Pedersen MW, Larsen FK, Suetta C, Kristensen MT. The impact of 12 weeks combined resistance and balance training on functional Sit-To-Stand muscle power in mobility limited older patients. Danske Fysioterapeuters Fagkongres, Odense, Denmark, March 2025 (oral presentation)

Petersen TR, Zilmer CK, Dall CH, Kristensen MT, Suetta C. Basic mobility and handgrip strength performance of geriatric patients is associated with 30-Day Mortality. Symposium Forskning & udvikling fysio- og ergoterapi i Region Hovedstaden, Copenhagen University Hospital Bispebjerg, Denmark, October 2025 (oral presentation)

Petersen TR, Zilmer CK, Dall CH, Kristensen MT, Suetta C. Basic mobility and handgrip strength performance of geriatric patients is associated with 30-Day Mortality. Lassemdagen, Copenhagen University Hospital Bispebjerg, Denmark, December 2025 (short oral presentation)

Sunde P, Poulsby LW, Zilmer CK, Rönquist SS, Viberg B, Palm H, Overgaard S, Rogmark C, Kristensen MT. 1-year recovery after hip fracture in adults under 60 years: A descriptive analysis of physical performance tests and patient-reported outcomes in a Danish/Swedish cohort. DOS Congress, Copenhagen, Denmark, November 2025 (oral presentation)

Sørensen B, Magnusson SP, Aagaard P, Svensson RB, Hjortshøj MH, Hansen SK, Suetta C, Couppé C, Johannsen FE. Effects of blood-flow restriction exercise compared to neuromuscular exercise in adults with knee osteoarthritis. Danske Fysioterapeuters Fagkongres, Odense, Denmark, March 2025 (oral presentation)

Thomsen LL, Olsen AE, Schjerling P, Svensson RB, Bisgaard MS, Dideriksen K, Bach J, Hansen EP, Trammell SAJ, Vestergaard MS, Karlsson MM, Brushøj C, Holm L, Hansen M, Magnusson SP, Kjaer M, Couppé C. Effects of hydrolyzed collagen supplementation on top of resistance training as a treatment of Achilles, patellar and plantar fascia tendinopathy in elite athletes. Symposium Forskning & udvikling fysio- og ergoterapi i Region Hovedstaden, Copenhagen University Hospital Bispebjerg, Denmark, October 2025 (short oral presentation).

Vaaben AH, Bährentz IB, Zoffmann SØ, Zilmer CK, Kristensen MT, Bieler T. How does the 'Fatigue Verbal Rating Scale' work in patients after hip fracture surgery? - A qualitative study. Danske Fysioterapeuters Fagkongres, Odense, Denmark, March 2025 (oral presentation)

Vaaben AH, Bährentz IB, Zoffmann SØ, Zilmer CK, Møller T, Kristensen MT, Bieler T. Fatigue in older adults early after hip fracture surgery - A qualitative study. Symposium Forskning & udvikling fysio- og

ergoterapi i Region Hovedstaden, Copenhagen University Hospital Bispebjerg, Denmark, October 2025 (oral presentation)

Vaaben AH, Bährentz IB, Zoffmann SØ, Zilmer CK, Møller T, Kristensen MT, Bieler T. Fatigue in older adults early after hip fracture surgery - A qualitative study. Lassemdagen, Copenhagen University Hospital Bispebjerg, Denmark, December 2025 (short oral presentation)

Ziegler V, Overgaard MB, Svensson RB, **Hjortshøj MH, Magnusson SP, Kristensen MT, Dall CH, Bieler T.** Aldersrelaterede forskelle i dagligt fysisk aktivitetsmønster 3 måneder efter total hoftealloplastik. Danske Fysioterapeuters Fagkongres, Odense, Denmark, March 2025 (poster presentation)

Zilmer CK, Berger AL, Overgaard S, Jensen TG, Palm H, Suetta C, Aasbrenn M, Kristensen MT. Limited recovery of pre-fracture mobility in older patients following hip fracture surgery: at discharge and 1 year. A prospective cohort study of 47 patients from a single municipality. Symposium Forskning & udvikling fysio- og ergoterapi i Region Hovedstaden, Copenhagen University Hospital Bispebjerg, Denmark, October 2025 (oral presentation)

Zilmer CK, Berger AL, Nørgaard SD, Matthey AB, Kristensen MT. Monitored physical activity in patients with hip fracture during acute hospital stay and early post-discharge phase. Danske fysioterapeuters Fagkongres, Odense, Denmark, March 2025 (poster presentation)

Zilmer CK, Berger AL, Overgaard S, Jensen TG, Palm H, Nørgaard SD, Matthey AB, Castillo LS, Suetta C, Kristensen MT. Large differences in monitored 24-hour physical activity during the acute hospital and early post-discharge phase in older patients with hip fracture. A prospective cohort study of 53 patients. Danish FFN Congress, Aarhus, Denmark, May 2025 (oral presentation)

Zilmer CK, Berger AL, Overgaard S, Jensen TG, Palm H, Nørgaard SD, Matthey AB, Castillo LS, Suetta C, Kristensen MT. Large differences in monitored 24-hour physical activity during the acute hospital and early post-discharge phase in older patients with hip fracture. A prospective cohort study of 53 patients. 13th FFN Global Congress. Porto, Portugal, October 2025 (digital poster)

Zilmer CK, Berger AL, Overgaard S, Jensen TG, Palm H, Nørgaard SD, Matthey AB, Castillo LS, Suetta C, Kristensen MT. Large differences in monitored 24-hour physical activity during the acute hospital and early post-discharge phase in older patients with hip fracture. A prospective cohort study of 53 patients. DOS Congress, København, Denmark, November 2025 (poster presentation)

Zilmer CK, Berger AL, Overgaard S, Jensen TG, Palm H, Nørgaard SD, Matthey AB, Castillo LS, Suetta C, Kristensen MT. Large differences in monitored 24-hour physical activity during the acute hospital and early post-discharge phase in older patients with hip fracture. A prospective cohort study of 53 patients. Basic and Clinical Research in Musculo-skeletal Sciences Annual Symposium (MUSKOS), Snekkersten, Denmark, November 2025 (short oral and poster presentation)

Zilmer CK, Berger AL, Overgaard S, Jensen TG, Palm H, Suetta C, Aasbrenn M, Kristensen MT. Limited recovery of pre-fracture mobility in older patients following hip fracture surgery: at discharge and 1 year. A prospective cohort study of 47 patients from a single municipality. Lassemdagen, Copenhagen University Hospital Bispebjerg, Denmark, December 2025 (short oral presentation)

Symposium or Workshop Organized

Symposium for fysio- og ergoterapeuter i Region Hovedstaden, Copenhagen University Hospital Bispebjerg, Denmark, October 2025

(contributors; **AHV, TB, ILL, TRP**, Vinther A, Gottlieb R, Christensen MB, Jønsson LR, Krogh DB)

Muscle and tendon research at the Institute of Sports Medicine Copenhagen: Tendon injury and repair. Undergraduate students from the USA, Copenhagen University Hospital Bispebjerg, Denmark, April 2025
(contributors: **PM, CKZ, BHK, RH, AA**)

Workshop: "Bridging evidence and clinical practice: a workshop on early post-operative rehabilitation following a hip fracture" 13th Fragility Fracture Network Global Congress, Porto, Portugal, October 2025
(contributors: Hansen MS, Rogmark C, Jensen CM, Ipsen JA, Bruun IH, **MTK, CZ, TB**)

Theme day: "Den skrøbelige patient" for forsknings- og udviklingsterapeuter & specialeansvarlige ergo- og fysioterapeuter i Region Hovedstaden, Rigshospitalet Copenhagen, Denmark, May 2025
(contributors: Christensen J, Hansen MB, **TB**)

"Netværk for det Fysisk Aktive Hospital"-meeting, Bispebjerg Hospital, Copenhagen, November 2025
(contributors: Lehmkuhl L, Philip JG, Pedersen TJ, **CD**)

Systematic assessment of physical function – An important part of Physical and Occupational Therapists DNA. Danske Fysioterapeuters Fagkongres, Odense, Denmark, March 2025
(moderator: **MTK**)

Danish Sarcopenia Network 2nd mini symposium, Copenhagen, Denmark, September 2025
(moderators: Suetta C, **MTK**).

Pre-day Physio Sig workshop. 13th FFN Global Congress, Porto, Portugal, October 2025
(moderators; Mangione K, **MTK**)

Virtual care after fragility fractures: current initiatives and future potential. 13th FFN Global Congress, Porto, Portugal, October 2025
(moderators; Sutton E, **MTK**)

ECSS Webinar: State-of-the-Art Perspectives on Tissue Injury: Tendinopathy, Muscle Injury and Tendon Rupture, April 2025
(organizer: **CC**)

Invited Speaker - Virtual Dissemination

Kristensen MT. Title: "Importance of early mobilisation and physiotherapy after fragility fractures". Turku University, Finland 2nd Interdisciplinary Meeting on Orthogeriatrics and Fragility Fracture, May 2025.

Kristensen MT. Title: "Assessment of basic mobility after lower extremity amputation (BAMS)" Amputation Rehabilitation Denmark, May 2025.

Invited Speaker – Podcast

Couppé C, Jake Tura. X. Tendons with Christian Couppé, March 2025

<https://jackedathlete.com/podcast-128-tendons-with-christian-couppe/>,

Overgaard AS (host), **Kristensen MT**. Take aways from geriatric 40th anniversary congress, Dansk Selskab for Fysioterapi i Gerontologi og Geriatri, Nysgerrig fysioterapi, November 2025.

<https://open.spotify.com/episode/2cY1hikH6HQvMO2gSEKycP>

Overgaard AS (host), **Hansen NG**. Take aways from geriatric 40th anniversary congress, Dansk Selskab for Fysioterapi i Gerontologi og Geriatri, Nysgerrig fysioterapi, November 2025.

<https://open.spotify.com/episode/2cY1hikH6HQvMO2gSEKycP>

Invited Speaker - Congress, Symposium or Seminar

Agergaard A. Treatment of Chronic Patella - & Achilles Tendinopathy in athletes. Scandinavian Sports Medicine Congress, Copenhagen, January 2025.

Agergaard A. Late stage rehabilitation of Achilles and Patellar tendinopathy. Scandinavian Sports Medicine Congress, Copenhagen, January 2025.

Agergaard A. Jumpers Knee – Patofysiologi og diagnostic, Loading-based rehabilitering av tendinopati, Behandlingstiltak når loading-based rehab ikke virker. Volvat Nimi Oslo – Knesmerter 2025 konferansen, Oslo, March 2025.

Agergaard A. Patellar tendinopathy - Exercise-based treatment. Jinling International Sports Medicine & Joint Reconstruction Congress. Nanjing, China, October 2025

Couppé C. “The human tendon response to loading” Department of Movement, Human and Health Sciences, University of Rome “Foro Italico”, Italy, May 2025 (Invited lecture)

Couppé C. “The human tendon response to loading” University of Chieti-Pescara, Italy, May 2025 (4 Invited lectures)

Dall CH. Systematic testing of physical function, the BFH battery. Leadership meeting BFH and BH, Holte, November 2025

Danielsson E. Physiotherapy- do’s and don’ts in dystonia. Nordic Toxins, Sweden. November 2025

Høffner R. Treatment of Achilles tendon rupture. Idrætsmedicinsk Forskningsseminar, Copenhagen, November 2025

Kjær BH. Smerter under øvelser for patienter med kronisk rotatorcuff tendinopati - resultater fra PASE-studiet. Science in Action Forskningsdag, University of Southern Denmark, November 2025

Kjær BH. Øvelsesvalg ved kronisk rotatorcuff tendinopati: Hvordan balancerer vi smerte og progression? Science in Action Forskningsdag, University of Southern Denmark, November 2025

Kristensen MT. CAG Ageing 1st Symposium. Title: “Implementing a common language for physical function” Skødshoved, Denmark, June 2025

Kristensen MT. Danish Sarcopenia Network 2nd mini symposium. Title: "Update on network and activities in 2025", Bispebjerg Hospital, Denmark, September 2025.

Kristensen MT. Scientific meeting, SIG Falls & Fractures. Title: "Large differences in monitored 24-hour physical activity during the acute hospital and early post-discharge phase in older patients with hip fracture. A prospective cohort study of 53 patients" EUGMS Congress, Reykjavik, Island, September 2025

Kristensen MT. Pre-congress Physio SIG workshop. Title: "Mobility after hip fracture". 13th FFN Global Congress, Porto, Portugal, October 2025

Kristensen MT. Regional research symposium for therapists. Identification and treatment of reduced physical function – In time!" Capital Region, Copenhagen, Denmark, November 2025

Kristensen MT, Overgaard JA. Danish Society of Physiotherapy in Gerontology and Geriatrics. 40th year anniversary jubilee congress. Title: "State of the art in physiotherapy rehabilitation after hip fracture", Denmark, November 2025

Invited Speaker - Scientific Societies, Municipalities or Hospitals

Agergaard A. Tendinopathy - Exercise-based treatment. Lecture, Medical School and Southeast University School of Medicine. Nanjing, China, October 2025

Agergaard A. Betydning af restitution i behandling af Springerknæ (TEREX studiet). Idrætsmedicinsk Forskningsseminar, TDK og Institut for Idrætsmedicin, Bispebjerg Hospital. Copenhagen, Denmark, November 2025

Bieler T. Kom godt i gang med fysisk aktivitet med kunstig hofte eller knæ. Gigtforeningen V-kreds, Brøndby Øster, Denmark, March, 2025

Bieler T. Fysisk aktivitet og træning ved artrose i knæ og hofter. Gigtforeningen København kreds, Valby, Denmark, April 2025

Bieler T. Patienternes oplevelser og perspektiv på intensiveret fysioterapi under indlæggelse for hoftebrud på M1, Ortogeriatrisk afdeling, Bispebjerg og Frederiksberg Hospital, Copenhagen, Denmark, December 2025

Bieler T. Patienternes oplevelse af (postoperativ) træthed under den akutte indlæggelse for hoftebrud. Er træthed noget vi kan og bør måle? Ortogeriatrisk afdeling, Bispebjerg og Frederiksberg Hospital, Copenhagen, Denmark, December 2025

Bieler T, Smed EHL, Orthagen MHAT. Et udviklingstiltag til at understøtte patienter, indlagt på M4, i at være fysisk aktive under deres indlæggelse. Ortopædkirurgisk afdeling M4, Bispebjerg og Frederiksberg Hospital, Copenhagen, Denmark, December 2025

Hansen NG. Lecture - Sarcopenia and resistance training. Fredensborg Municipality rehabilitation unit, Fredensborg, May 2025

Hansen NG. Lecture – Functional exercise or resistance training for older adults? Vallensbæk Municipality Rehabilitation Unit, Vallensbæk, May 2025

Hansen NG. Lecture – Functional exercise or resistance training for older adults? Viborg Municipality Rehabilitation Unit, Viborg, October 2025

Hansen NG. Lecture – national health guidelines for older adults, why are they so?, Fredensborg senior citizenship meeting, Fredensborg Health Prevention Unit, Fredensborg, November 2025

Hansen NG. Lecture – Functional exercise or resistance training for older adults? Slagelse Municipality Rehabilitation Unit, Slagelse, November 2025

Hansen NG. Lecture – Functional exercise or resistance training for older adults? Nyborg Municipality Rehabilitation Unit, Nyborg, November 2025

Kjær BH. Muscle - Tendon characteristics 1-year after surgical repair of traumatic rotator cuff tear. Department of Radiology, Bispebjerg Frederiksberg Hospital, April 2025

Kjær BH. Rotator cuff injuries – diagnostics and evidence-based treatment. The Parker Institute, Bispebjerg Frederiksberg Hospital, November 2025

Kjær BH. Pain during shoulder exercises for patients with chronic rotator cuff tendinopathy. Department of Occupational Medicine, Bispebjerg Frederiksberg Hospital, June 2025

Kristensen MT. Importance of early and continued mobilisation and exercise after hip fracture (1 lecture). Bispebjerg Hospital, Department of Orthopedic Surgery, March 2025

Kristensen MT. Exercise for people with sarcopenia in municipalities and how to find people by Systematic testing of physical function (1 lecture). Nestle Health Science educational day, April 2025

Kristensen MT. Hip fractures, prognosis, pain and rehabilitation (2 lectures). Frederiksberg Hospital, Orthogeriatric Outpatient clinic, May 2025

Larsen IL. Ergoterapeutisk perspektiv i en klinisk hverdag i et tværfagligt neurologisk set-up. Temadag om den skrøbelige patient, Rigshospitalet, Copenhagen, Denmark, March 2025

Zilmer CK. Large differences in monitored 24-hour physical activity during the acute hospital and early post-discharge phase in older patients with hip fracture. A prospective cohort study of 53 patients (1 lecture). Department of Orthopedic surgery, Bispebjerg-Frederiksberg Hospital, Copenhagen, Denmark, October 2025

University Teaching Activities

Agergaard A. PhD course. Muscle power tests/Jump test. Skeletal muscle performance in basic and applied exercise studies in health, aging, and disease (Faculty of Health and Medical Sciences, University of Copenhagen), Bispebjerg Hospital, Copenhagen, Denmark, April 2025

Bieler T. PhD course. Skeletal muscle performance in basic and applied exercise studies. Lab tour with hands-on experience with tests and analysis: Functional tests, 1½ hour. Bispebjerg and Frederiksberg Hospital, Copenhagen, Denmark, April 2025

Couppé C. Physical Activity course: Problem Based Learning (PBL tutor, group of 7 students, 16 lectures + 4 home assignments per student + examination), University of Copenhagen, Cand. Scient. San. (MSc) Fall 2025

Couppé C. Sene- / bindevævsadaptationer ved træning, Styrketræning og Motorisk kontrol, Institut for Idræt, KU Maj 25 2025 (pre-graduate)

Couppé C. Rehabilitation strategies, Fachhochschule Südostschweiz SUPSICAS Sports Prehab / Modul 6 / Kerenzerberg -Switzerland, August 2025 (post-graduate)

Dall CH. Introduction to PBL, student start (1 lectures), University of Copenhagen, Cand. Scient. San. (MSc), September 2025

Dall CH. The Randomised Study design, research in respiratory and cardiovascular disease (3 lectures), University of Copenhagen, Cand. Scient. San. (MSc), Spring 2025

Dall CH. Course co-lead Heart and Lung course, Cand. Scient. San. Department of Clinical Medicine, University of Copenhagen

Dall CH. Cardiac and respiratory disease course: Problem Based Learning (PBL tutor, group of 8 students, 16 lectures + 4 home assignments per student, Cand. Scient. San. (MSc), Spring 2025

Gunnarsson DV. Technology in Health Services – Sedentary behaviour and physical activity in inpatient environments (4 lectures), Bachelor of Science in Nursing, Faculty of Health Sciences, The University of the Faroe Islands, May & November 2025

Høffner R. Teaching of chiropractors (kiropraktorernes turnusuddannelse), 8 hours, Orthopedics with rehabilitation of shoulder and hip. University of Southern Denmark, Odense, April 2025

Høffner R. PhD course. Body composition/muscle mass, Ultrasound: Skeletal muscle performance in basic and applied exercise studies in health, aging, and disease (Faculty of Health and Medical Sciences, University of Copenhagen), Bispebjerg Hospital, Copenhagen, Denmark, April 2025

Kristensen MT. Course co-lead of 5-week physical activity course, University of Copenhagen, Cand. Scient. San. (MSc), Fall 2025

Kristensen MT. Physical Activity course: Problem Based Learning (PBL tutor, group of 5 students, 16 lectures + 4 home assignments per student + examination), University of Copenhagen, Cand. Scient. San. (MSc), Fall 2025

Kristensen MT. Fall related problems in older people (1 lecture), University of Copenhagen, Cand. Scient. San. (MSc), Fall 2025

Kristensen MT. Outcome measures – Theory and Practice (2 lectures), University of Copenhagen, Cand. Scient. San. (MSc), Fall 2025

Kristensen MT. Physical activity and rehabilitation after fragility fractures (2 lectures), Medical students, University of Copenhagen, 11th semester, June & November 2025

Kristensen MT. Measurement of muscle function in clinical practice (1 lecture), Ph.d. course on Skeletal muscle performance in basic and applied exercise studies, University of Copenhagen, April 2025

Magnusson P. When to unload & load the muscle-tendon unit after injury Medicin, valgfag 11 semester "Fysisk aktivitet i forebyggelse, behandling og rehabilitering af sygdom" May & October 2025

Other Teaching Activities

Agergaard A. Senevævs adaptationsevne (3 lectures), Københavns professionshøjskole, Fysioterapiuddannelsen, Denmark, Summer and Winter 2025

Hansen NG, Overgaard JA, Kristensen MT. 2-day hip fracture course. Danish society of physiotherapy in geriatrics and gerontology: **Kristensen MT**, Lectures on: Demographic and hip fractures (1 lecture), Hip fracture types and complications (1 lecture), Acute care rehabilitation after surgery for hip fracture (1 lecture) and Systematic assessment of physical function (1 lecture), Hørsholm, Denmark, February 2025

Hansen NG, Jensen EK. 3-day Theme course on resistance training. Dansk Selskab for Fysioterapi i Gerontologi og Geriatri. Helsingør, Denmark, May 2025

Larsen IL. Vitalstim Plus Terapi Certificeringskursus, Enovis. Bispebjerg Hospital, Denmark, May 2025 (course organiser)

Larsen IL. Vitalstim Plus Advanced Certificeringskursus, Enovis. Bispebjerg Hospital, November 2025 (course organiser)

Petersen TR. Teaching and tutoring on regional courses in scientific quantitative methodology, including reading and quality assessment of randomized controlled trials and systematic reviews/meta analyses (4-day course for physiotherapists and occupational therapists). Hvidovre and Gentofte hospital, Denmark, May-June 2025

Petersen TR, Jørgensen S, Halsteen M. Presentation for junior doctors – "Rygpatienter i Akutmodtagelsen - Fysioterapeutens perspektiv", Bispebjerg Hospital, Denmark, August 2025

Petersen TR. Teaching nurses and healthcare assistants at Medical Ward K3, as part of theme weeks on physiotherapy and physical activity during hospitalization – "Immobilisering, test af fysisk funktion og sengeøvelser", Bispebjerg Hospital, Denmark, May 2025

Academic Evaluation & Committee Service

Agergaard A. Evaluator and chairperson at "MUSKOS best papers symposium 2025", at Basic and Clinical Research in Musculo-skeletal Sciences Annual Symposium (MUSKOS), Snekersten, Denmark, November 2025 (oral sessions)

Couppé C. Junior board, Translational Sports Medicine, 2025

Couppé C. Fellow & Member of the Scientific Board & Committee. European College of Sport Science, 2025

Couppé C. Evaluation of abstracts for European College of Sport Science annual meeting 2025 (evaluation committee)

Couppé C. Visiting Professor, University of Chieti - Pescara, Italy, May 2025

Dall CH. The Admissions Committee "Optageudvalget" 2025, Cand. Scient. San

Kristensen MT. Member of the executive committee for the research committee at the Copenhagen University Hospital, Bispebjerg and Frederiksberg

Kristensen MT. Co-lead of Global FFN Physiotherapy special interest group

Kristensen MT. Advisory board member of Global FFN fragility fracture research recovery special interest group

Kristensen MT. Joint Diseases and Related Surgery Journal (international advisory board)

Kristensen MT. Member of the national steering committee of the Danish Multidisciplinary Hip Fracture Registry, representing the Danish Physiotherapy Association

Kristensen MT. Member of the national steering committee for the municipality-based database for patients with major lower extremity amputations following prosthetic rehabilitation in Denmark, PRO-AMP

Kristensen MT. Member of the executive and national steering committee for the regional hospital-based database for major lower extremity amputations in Denmark, DAN-AMP

Kristensen MT. Member of national multidisciplinary expert group for enhancing crosssectoral rehabilitation of patients with hip fracture in Denmark

Kristensen MT. Member of steering committee for the Rethink Pulmonary Rehabilitation – the REPORT study

Kristensen MT. Co-founder, vice-chair and steering committee member of the Danish Sarcopenia Network

Kristensen MT. Member of steering committee for the Clinical Academic Group – Fighting frailty in ageing, University of Copenhagen

Magnusson SP. Deputy Editor, Translational Sports Medicine, 2025

Opponent & Chair of PhD-defences

Couppé C. PhD assessment committee member. Patrick Vallance PhD Thesis, University of Melbourne, Australia, January 2025 (academic opponent)

Couppé C. Chair of PhD assessment, Maria Hansen PhD Thesis, University of Copenhagen, April 2025 (academic opponent)

Couppé C. PhD assessment committee member. Riccardo Magris PhD Thesis, University of Verona, Italy, April 2025 (academic opponent)

Dall CH. Assessment committee, PhD thesis, Cardiac rehabilitation for patients with diabetes, Birgitte Bitsch Gadager, Aarhus University, Health, July 2025

Kristensen MT. 1st opponent PhD thesis on patients with multiple sclerosis, Aarhus University, May 2025

Magnusson SP. Kunal Sharma, PhD thesis: Tendon Biomechanics: Characterizing hierarchical loading and mineralization during healing through advanced synchrotron techniques. Lund University, 2025 (Evaluation committee)

Magnusson SP. Pereira, Carla S, PhD thesis: Patellar tendon quality and quadriceps strength in male athletes with a unilateral ACL injury or reconstruction Jyväskylä: University of Jyväskylä, 2025 (opponent)

Magnusson SP. Ciaran O' Connor, PhD thesis: Hip Adduction and Abduction Strength - Strength Testing in Elite Football Settings: Reliability, Validity, Reference Values and Early Detection of Groin Problems. University of Copenhagen 2025 (committee chairman)

Magnusson SP. Elin Larsson, PhD thesis: Patient Characteristics and their Impact on Recovery after Acute Achilles Tendon Rupture. Göteborg University and Sahlgrenska Academy, 2025 (evaluation committee)

Chairperson & Co-chair

Agergaard A. Chairperson at Scandinavian Sports Medicine Congress, Copenhagen, January 2025 (poster walk sessions)

Agergaard A. Chairperson at Danske Fysioterapeuters Fagkongres 2025, Odense, March 2025 (oral sessions)

Bieler T. Co-Chair at Symposium Forskning & udvikling fysio- og ergoterapi i Region Hovedstaden, Copenhagen University Hospital Bispebjerg, Denmark, October 2025 (oral sessions)

Couppé C. Chairperson at ECSS Webinar: State-of-the-Art Perspectives on Tissue Injury: Tendinopathy, Muscle Injury and Tendon Rupture, April 2025 (oral sessions)

Couppé C. Co-chair at Symposium Forskning & udvikling fysio- og ergoterapi i Region Hovedstaden, Copenhagen University Hospital Bispebjerg, Denmark, October 2025 (oral sessions)

Dall CH. Co-chair at “Netværk for det Fysisk Aktive Hospital”-meeting, Bispebjerg Hospital, Copenhagen, November 2025

Dall CH. Co-chair at “The annual meeting in the research program MUSKOS and the 2 CAG groups imPAct and ROAD”, Snekkersten, November 2025 (oral sessions)

Dall CH. Co-chair at Symposium Forskning udvikling fysio- og ergoterapi i Region Hovedstaden, Copenhagen, University Hospital Bispebjerg, Denmark, October 2025 (oral sessions)

Høffner R. Co-chair at Symposium Forskning & udvikling fysio- og ergoterapi i Region Hovedstaden, Copenhagen University Hospital Bispebjerg, Denmark, October 2025 (oral sessions)

Høffner R. Co-chair at Basic and Clinical Research in Musculo-skeletal Sciences Annual Symposium (MUSKOS), Snekkersten, Denmark, November 2025 (poster presentations and walk)

Kjær BH. Chairperson at Scandinavian Sports Medicine Congress, Copenhagen, Denmark, January 2025 (poster walk sessions)

Kjær BH. Co-chair at Basic and Clinical Research in Musculo-skeletal Sciences Annual Symposium (MUSKOS), Snekkersten, Denmark, November 2025 (oral sessions)

Kjær BH. Co-chair at Symposium Forskning & udvikling fysio- og ergoterapi i Region Hovedstaden, Copenhagen University Hospital Bispebjerg, Denmark, October 2025 (oral sessions)

Kristensen MT. Co-chair at Basic and Clinical Research in Musculo-skeletal Sciences Annual Symposium (MUSKOS), Snekkersten, Denmark, November 2025 (PhD-students oral sessions)

Zilmer CK. Co-chair at Symposium Forskning & udvikling fysio- og ergoterapi i Region Hovedstaden, Bispebjerg og Frederiksberg Hospital, Denmark, October 2025 (oral sessions)

Price

Kjær BH. Science Award, European Shoulder and Elbow Congress, Rotterdam, Netherlands, September 2025