

Book an appointment in Min Sundhedsplatform

This guide shows how to book an appointment in Min Sundhedsplatform. The guide is based on how it looks in the MinSP app. You can also log in via a web browser (e.g., Chrome or Safari) at www.minsundhedsplatform.dk.

Trin 1. Download the app MinSP and log in using MitID

First, you need to download the MinSP app. You can find it in the App Store if you use an iPhone or in Google Play if you have an Android phone. The first time you log in to MinSP, you will need to use MitID and accept the terms and conditions.

Trin 2. Find 'book aftale' (book appointment)

Open MinSP. On the front page, you can see which appointments are available for booking.

Select the appointment you want to book and click '**Book nu**' (book now).

See image 1.

Click '**Book**' to enter and choose the time and date.

See image 2.

1. **Go via the menu:** You can also access appointment booking via the menu by clicking on '**Book en aftale**'. See next to the number 1 on image 1.

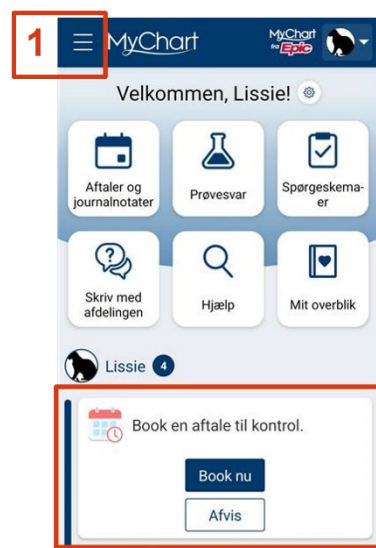


Image 1



Image 2

Trin 3. Choose the time and date

You can now choose the time and date that suits you.

See image 3.

1. If you are looking for a specific day, you can click **'Åbn søgekriterier'** (open search criteria) to filter the search results. You can also search for morning or afternoon.
2. You can scroll down on your phone to see all available times and days.
3. Choose the time.

When you have clicked on a time, you need to confirm your booking.

Sometimes you need to answer some questions before you can choose the time and date. For example, what you want to discuss during the consultation and whether you prefer an in-person meeting, phone consultation, or video meeting.

It is the department at the hospital that has decided if you need to answer questions and can choose how the consultation will take place.



Image 3

Trin 4. Book the appointment

Please control that the time and date match what you have chosen. To book the appointment click **'Book aftale'**.

See image 4.

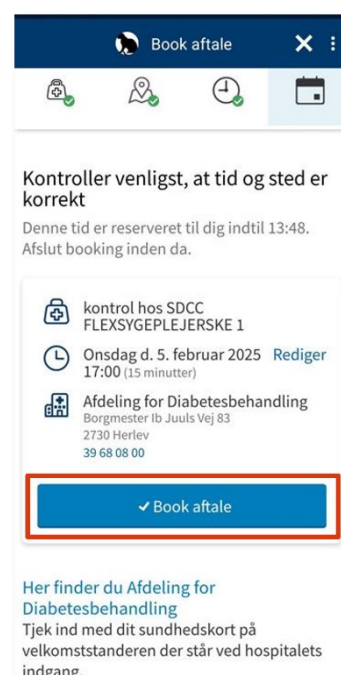


Image 4

Trin 5. The appointment is booked

You can see that your appointment is booked, along with important details about the appointment. See image 5.

1. See **the time** for your appointment. You can cancel or add the appointment to your calendar.
2. See **where** to show up for your appointment, along with contact information.
3. See important **information** to you from the medical department. Scroll down on your phone to make sure you read all the information. See the red arrow on image 5.

The new appointment is now visible on the front page of MinSP.

You will find a complete overview of all upcoming appointments and bookings via the menu '**Aftaler og journal-notater**'.



Image 5

Important preparation in your Digital Post (digital mailbox)

If you are undergoing treatment at the hospital, there may be important preparation in your digital mailbox on borger.dk or in e-Boks that you cannot see in Min Sundhedsplatform. Therefore, always check your Digital Post (digital mailbox).

Need help to use Min Sundhedsplatform

Contact Patient Support at tel. 31 90 83 64, on weekdays between 9 AM and 2 PM, if you need help with Min Sundhedsplatform and the MinSP app.

You can also find answers to many questions in Min Sundhedsplatform via the menu under '**Hjælp**'.

Questions about your **treatment** should be directed to the department at the hospital you are affiliated with or to your general practitioner.