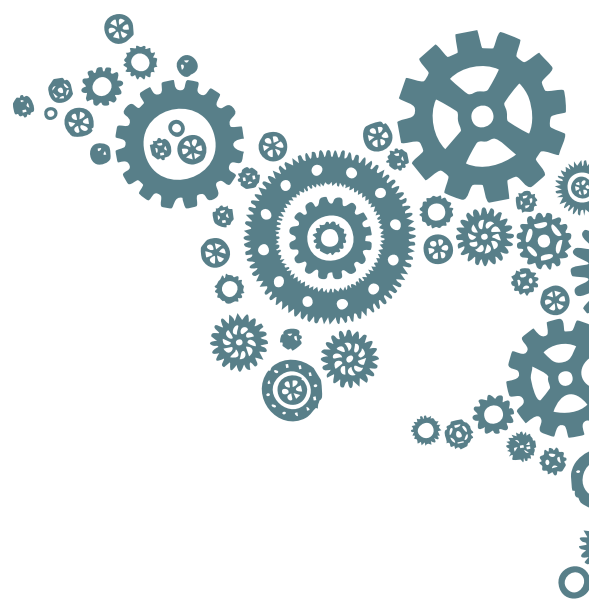




Program

THE 22ND
STRESS RESEARCH
CONFERENCE
2026

Tuesday, November 3rd, 2026



ABOUT

The conference aims to promote the exchange and discussion of new stress research and to coordinate and strengthen Danish stress research. We encourage all with interests in stress research to participate.

The conference is organised by the Copenhagen Stress Research Centre in cooperation with TeamArbejdsliv ApS. The Copenhagen Stress Research Centre is a collaboration between the Department of Occupational and Environmental Medicine at Bispebjerg and Frederiksberg Hospital, Department of Public Health at University of Copenhagen (Copenhagen Health Complexity Center and Section of Social Medicine), and the National Research Centre for the Working Environment.

Follow [#StressResearchCPH](#) on LinkedIn to stay updated with our latest research, conferences, and other news. For more information and questions about the conference, please contact Vibeke Skibsrud, mail: vskioo02@regionh.dk.



NEW VENUE

TIME AND VENUE

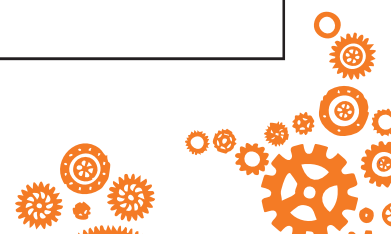
Tuesday, November 3rd, 2026, at 09:00 to 15:30 in-person at
"Fælleshuset" (Lassen auditoriet),
Bispebjerg hospital,
Nielsine Nielsens Vej 12,
2400 København





PROGRAM

09.00-09.20	Registration, networking and breakfast
09.20-09.30	Welcome by Nanna Hurwitz Eller, Department of Occupational and Environmental Medicine, Bispebjerg and Frederiksberg Hospital, Copenhagen, Denmark
09.30-10.30	Keynote I Work stress in the new world of work – Employment quality in the green and digital transition By Theo Bodin. Professor. Institute of Environmental Medicine, Karolinska Institute (KI), Sweden Chair: Bertina Kreshpaj, Assistant Professor, Copenhagen Health Complexity Center, Copenhagen, Denmark
10.30-10.45	Coffee Break
10.45-11.45	Oral presentations Chair: Tjeerd Rudmer de Vries, Postdoc, Copenhagen Health Complexity Center, Copenhagen, Denmark 1. The Theoretical Landscape of Daily Life Stressors: A Systematic Review of Conceptualizations, Classifications, and Contextualizations by Malin K. Meyer, Department of Health Sciences, Community and Occupational Medicine, University Medical Center Groningen, University of Groningen, Groningen, The Netherlands 2. Building and Telling Stress Stories Through LEGO and Wearable Sensing by Hsiao-Chun Lin, Faculty of Information Technology and Communication Sciences, Tampere University 3. Pre-absence Psychosocial Work Exposures and Sustainable Return to Work. A Retrospective Cohort Study among Patients with Work-related Mental Disorders by Henrik Engholm Feldtmose, Department of Occupational and Environmental Medicine, Regional Hospital Gødstrup, Denmark 4. Back to work - not back to normal: sustaining return to work after stress-related sick leave by Johan Høy Jensen, Team Working Life, Valby, Denmark






PROGRAM CONTINUED

11.45-12.00	Poster teasers Chair: Stinna Skaaby, Clinical Associate Professor, Department of Occupational and Environmental Medicine, Bispebjerg and Frederiksberg Hospital, Copenhagen, Denmark
12.00-13.00	Lunch and poster exhibition
13.00-14.00	Keynote 2 Working time and health: evidence and recommendations By Anne Helene Garde. Professor, The National Research Centre for the Working Environment, Denmark Chair: Reiner Rugulies, Professor, The National Research Centre for the Working Environment, Denmark
14.00-14.20	Coffee Break
14.20-15.20	Oral presentations Chair: Johan Høy Jensen, Senior Researcher, Team Working Life, Valby, Denmark The Roads Toward Implementation: A Mixed-Method Study of the Mechanisms of Implementation Strategies Supporting Preventive Efforts in the Psychosocial Work Environment by Andreas Rödlund, Unit of Intervention and Implementation Research for Worker Health, Institute for Environmental Medicine, Karolinska Institute (KI), Sweden Association between work-time influence and perceived job demands across day, evening and night shifts: Preliminary results from the IWISH project by Mikkel Munksgaard Andersen, The National Research Centre for the Working Environment, Copenhagen, Denmark Stressful events across the life course and mental health later in life: longitudinal findings from the Danish Copenhagen Aging and Midlife Biobank (CAMB) study by Charlotta Nilsen, Institute of Gerontology (IFG), School of Health and Welfare, Jönköping University, Sweden Five-year trajectories in workplace bullying and long-term risk of depression among a representative sample of 1,548 workers in Germany by Hermann Burr, Federal Institute for Occupational Safety and Health (BAuA)
15.20-15.30	Closing remarks by Nanna Hurwitz Eller, Department of Occupational and Environmental Medicine, Bispebjerg and Frederiksberg Hospital, Copenhagen, Denmark





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REGISTRATION

Registration is open from June **until 23rd of October 2026**. To register, please send an e-mail with your name, position, and institution to **vskioo02@regionh.dk**. The participation fee is **700 DKK** (students: 200 DKK). Please note that the venue is limited to 96 participants, and registration is binding.