



Call for abstracts

THE 22ND
STRESS RESEARCH
CONFERENCE
2026

Tuesday, November 3rd, 2026



CALL FOR ABSTRACTS

We invite all researchers to submit their abstract within studies on stress in its broadest sense for presentation at the 22nd Stress Research Conference.

Deadline: June 17th, 2026. Approved abstracts will be selected for either oral presentation or poster presentation. Feedback will be given by email.

The abstracts, posters, and oral presentations will be in English. The abstract must not exceed 300 words and should be structured: Background, Methods, Results, Discussion, and Conclusion. Please state the primary affiliation of each co-author and note the presenting speaker with *.

Submit your abstract via this [LINK](https://www.survey-xact.dk/LinkCollector?key=53PLQAYWS696) or copy/paste this into your browser:
<https://www.survey-xact.dk/LinkCollector?key=53PLQAYWS696>

REGISTRATION

Registration is open from April 2026. To register, please send an e-mail with your name, position, and institution to vskio002@regionh.dk. The participation fee is 700 DKK (MSc/BSc students: 200 DKK). Please note that registration is binding.

KEYNOTE SPEAKERS

This year we are delighted to present 2 keynote speakers:

Theo Bodin. Associate Professor. Institute of Environmental Medicine, Karolinska Institutet, Stockholm, Sweden.

Work stress in the new world of work – Employment quality in the green and digital transition

Dr. Theo Bodin will discuss how the green and digital transitions are transforming working conditions across sectors, with particular attention to changes in employment quality, job security, and work environment hazards. He will highlight emerging evidence on how new forms of work organization including digitalization, platformization (gig-work), and non-standard employment influence work stress and health. The presentation will also reflect on how research on employment quality can inform policies and workplace practices that support healthy and sustainable working lives during periods of economic and technological transformation.

Anne Helene Garde. Professor. National Research Centre for the Working Environment, Denmark
Working time and health: evidence and recommendations

Dr. Helene Garde will summarize current research on the health and safety consequences of working outside regular daytime hours, and address how night work acts as a physiological stressor by disrupting circadian rhythms and impairing sleep. The lecture will present scientific recommendations for healthier scheduling of night work and highlight ongoing collaboration with social partners aimed at mitigating the adverse effects of shift work.

The final program will be e-mailed to all registered participants and published online in September.

TIME AND VENUE

Note, that the location (link) is new compared to recent years. The conference takes place on Tuesday, November 3rd, 2026, at 09:00 to 15.30 in "Fælleshuset" (Lassen auditoriet), Bispebjerg hospital, Nielsine Nielsens Vej 12, 2400 København.

PARTICIPANTS

Researchers, students, policy makers, occupational health professionals, journalists, employee and employer organisations, and others interested in the topic.

AIM

The conference aims to promote the exchange and discussion of new stress research, and to coordinate and strengthen Danish stress research. We welcome a wide and varied range of the latest knowledge on stress, and therefore encourage all researchers in the subject to submit abstracts for research presentations or posters. You may use abstracts which you have presented at other scientific meetings or conferences.





ORGANISATION

The conference is organised by the Copenhagen Stress Research Centre in cooperation with TeamArbejdsliv ApS. The Copenhagen Stress Research Centre is a collaboration between the Department of Occupational and Environmental Medicine at Bispebjerg and Frederiksberg Hospital, Department of Public Health at University of Copenhagen (Copenhagen Health Complexity Center and Section of Social Medicine), and the National Research Centre for the Working Environment.

Follow **#StressResearchCPH** on LinkedIn to stay updated with news about the conference. For questions about the conference, please contact Vibeke Skibsrud, email: VSKl0002@regionh.dk.